# THE WORLD COMES TO CANNES. WHAT ABOUT YOU ?

Palais

<sub>des</sub> Festivals

et des Congrès

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Cannes

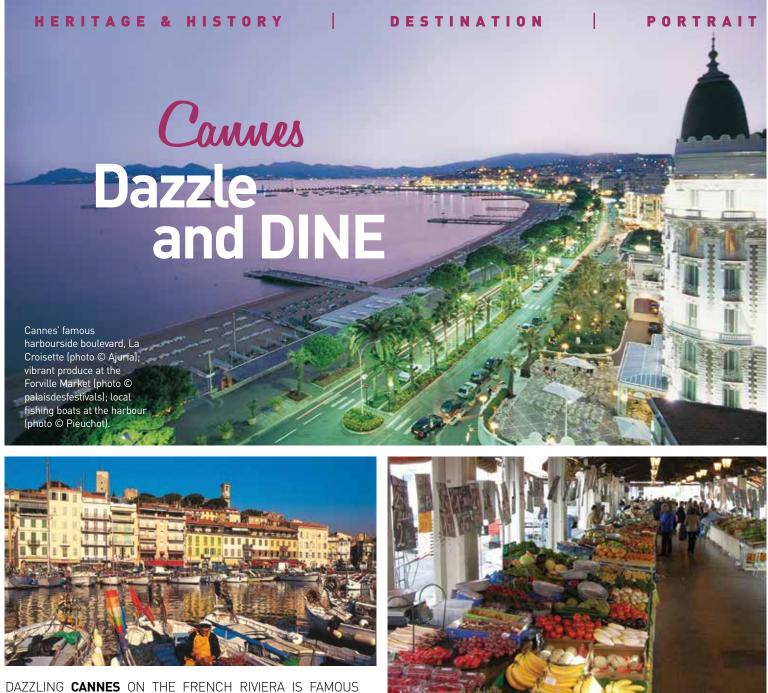
CANNES

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FOR MORE THAN ITS LUMINOUS SUNSHINE AND CELEBRITY SPOTTING. BY RUBY BOUKABOU

achts, luxury boutiques, sandy beaches, the world's most prestigious film festival and 300 days of sunshine a year are typical reasons to visit Cannes. But it's not just the weather and the red carpet frocks that are delicious here. Over 300 establishments offer memorable dining experiences and the freshest of local produce. Below is a small selection of the best.

## CLASSIC CUISINE

The Carlton's chef Laurent Bunel famously cooks with organic produce to create delicious, clean taste combinations (www.intercontinental-carlton-cannes.com/en). At Mantel, dive into a meal of rock octopus, veal or lamb with homemade bread (www.restaurantmantel.com); for

the chic rooftop terrace experience, head to Michelin-starred The Sea Sens (www.five-seashotel-cannes.com).

### BEACHSIDE BLISS

Cannes' beach restaurants are naturally all about the seafood. Try Bijou Plage for delicious soup or grilled fish (www.bijouplagecannes. com), L'Ondine for the white wine and lobster (www.ondineplage.com/en) or Vegaluna for the family ambiance and delicious summery dishes with mango and ginger (www.vegaluna.com).

#### EXOTIC INFLUENCES

Voyage beyond France for an evening at the cosy Moroccan Riad. a favourite for the industry during the Cannes film festival (www. restaurant-le-riad.fr), have a Lebanese lunch at Al-Charg (www.alcharg.com) or get your sashimi-and-wasabi hit at Wasabi d'Azur (www. wasabidazur.com).

Every morning (since 1870!) except Monday, local fishermen sell their catch at the Forville Market. Check out what's looking tasty so you can order it for lunch later. Then pop into the Cave du marché, with its wide range of organic wines, for a crisp apéro and practice your French with the locals.

#### **Further Information**

Palais des Festivals et des Congrès Cannes www.palaisdesfestivals.com www.cannes-destination.com